

How Am I Smart?

Part I: Complete each section by placing a "1" next to each statement you feel accurately describes you. If you do not identify with a statement, leave the space provided blank. Then total the column in each section.



Section 1

- _____ I enjoy categorizing things by common traits
- _____ Environmental issues are important to me
- _____ Grouping things that are similar helps me make sense of new information
- _____ I enjoy working in a garden
- _____ I believe preserving our National Parks is important
- _____ Putting things in hierarchies makes sense to me (ex. Kingdom, Phylum, Genus, etc.)
- _____ Animals are important in my life
- _____ My home has a recycling system in place
- _____ I enjoy studying biology, botany (plants) and/or zoology (animals)
- _____ I pick up on small or not so obvious differences in meaning
- _____ **TOTAL for Section 1**

Section 2

- _____ I easily pick up on patterns
- _____ I focus in on noise and sounds
- _____ Moving to a beat is easy for me
- _____ I enjoy making music
- _____ I respond to the rhythm of poetry
- _____ I remember things by putting them in a rhyme
- _____ Concentration is difficult for me if there is background noise
- _____ Listening to sounds in nature can be very relaxing
- _____ Musicals are more engaging to me than dramatic plays
- _____ Remembering song lyrics is easy for me
- _____ **TOTAL for Section 2**

Section 3

- _____ I am known for being neat and orderly
- _____ Step-by-step directions are a big help
- _____ Problem solving comes easily to me
- _____ I get easily frustrated with disorganized people
- _____ I can complete calculations quickly in my head
- _____ Logic puzzles are fun (ex. Sudoku)
- _____ I can't begin an assignment until I have all of my materials organized
- _____ Structure is a good thing
- _____ I enjoy repairing something that isn't working properly
- _____ Things have to make sense to me or I am not satisfied
- _____ **TOTAL for Section 3**

Name: _____

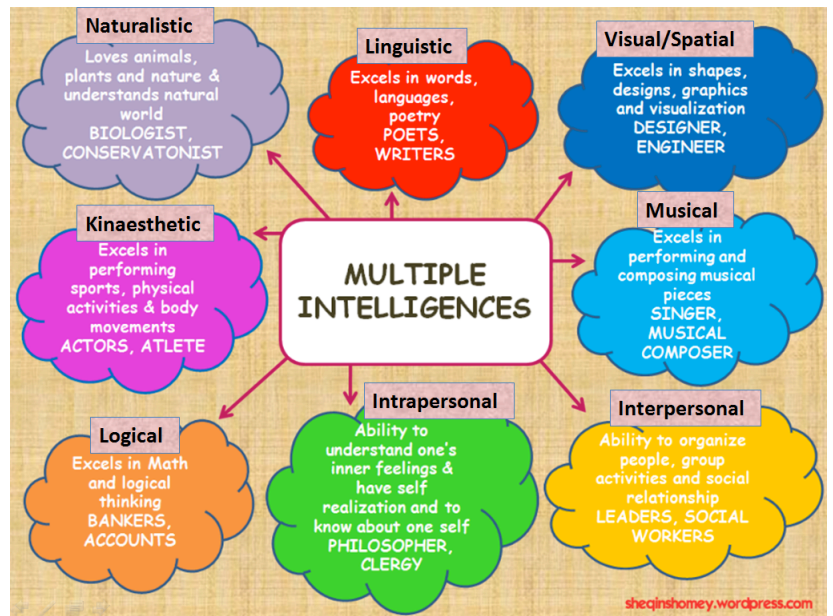
Date _____

Section 4

- _____ I learn best interacting with others
- _____ I enjoy informal chat and serious discussion
- _____ The more the merrier
- _____ I often serve as a leader among peers and friends
- _____ I value relationships more than ideas or accomplishments
- _____ Study groups are very productive for me
- _____ I am a "team player"
- _____ Friends are important to me
- _____ I belong to more than three clubs or organizations
- _____ I dislike working alone
- _____ **TOTAL for Section 4**

Section 5

- _____ I learn by doing
- _____ I enjoy making things with my hands
- _____ Sports are a part of my life
- _____ I use gestures and non-verbal cues when I communicate
- _____ Demonstrating is better than explaining
- _____ I love to dance
- _____ I like working with tools
- _____ Sitting around can make me more tired than being very busy
- _____ Hands-on activities are fun
- _____ I live an active lifestyle
- _____ **TOTAL for Section 5**



Section 6

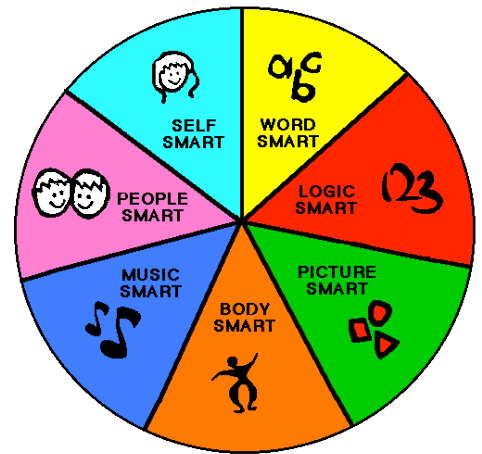
- _____ Foreign languages interest me
- _____ I enjoy reading books, magazines and web sites
- _____ I keep a journal
- _____ Word puzzles like crosswords or jumbles are enjoyable
- _____ Taking notes helps me remember and understand
- _____ I regularly contact friends through letters and/or e-mail
- _____ It is easy for me to explain my ideas to others
- _____ I write for pleasure
- _____ Puns, anagrams and riddles are fun
- _____ I enjoy public speaking and participating in debates
- _____ **TOTAL for Section 6**

Section 7

- _____ My attitude effects how I learn
- _____ I like to be involved in causes that help others
- _____ I am very aware of my moral beliefs
- _____ I learn best when I have an emotional attachment to the subject
- _____ Fairness is important to me
- _____ Social justice issues interest me
- _____ Working alone can be just as productive as working in a group
- _____ I need to know why I should do something before I agree to do it
- _____ When I believe in something I give more effort towards it
- _____ I am willing to protest or sign a petition to right a wrong
- _____ **TOTAL for Section 7**

Section 8

- _____ I can visualize ideas in my mind
- _____ Rearranging a room and redecorating are fun for me
- _____ I enjoy creating my own works of art
- _____ I remember better using graphic organizers
- _____ I enjoy all kinds of entertainment media
- _____ Charts, graphs and tables help me interpret information
- _____ A music video can make me more interested in a song
- _____ I can recall things as mental pictures
- _____ I am good at reading maps and blueprints
- _____ Three-dimensional puzzles are fun
- _____ **TOTAL for Section 8**



My Smart Chart

Use the chart below to graph your results for the survey. Shade in the boxes to represent your totals for each section from the survey. **How are YOU smart?**

| | | | | | | | | |
|----|-------------------------|------------------------|------------------------|-------------------------|-----------------------|-----------------------|-----------------------|--------------------------|
| 10 | | | | | | | | |
| 9 | | | | | | | | |
| 8 | | | | | | | | |
| 7 | | | | | | | | |
| 6 | | | | | | | | |
| 5 | | | | | | | | |
| 4 | | | | | | | | |
| 3 | | | | | | | | |
| 2 | | | | | | | | |
| 1 | | | | | | | | |
| | Nature Smart (1) | Music Smart (2) | Logic Smart (3) | People Smart (4) | Body Smart (5) | Word Smart (6) | Self Smart (7) | Picture Smart (8) |